



## BARNSTABLE DISABILITY COMMISSION

Mailing address - 230 South Street  
Hyannis, MA 02601



Sheila Mulcahy, Chairperson  
Merrill Blum, Vice Chairperson  
William Cole, ADA  
Tammy Cunningham, Sec. & Tres.  
Paul Hebert, Council Liaison  
Al Melcher, Advisor

Office: 508-862-4914  
FAX: 508-862-4960  
E mail: [BDC@town.barnstable.ma.us](mailto:BDC@town.barnstable.ma.us)

Paula Breagy  
Paul Logan  
Anne Mazzola  
Jessica Sylver

### *Barnstable Disability Commission*

Minutes

January 18, 2017

10 a.m.

Barnstable Senior Center  
Falmouth Rd Hyannis, MA 02601

Meeting called to order at 10:00 a.m.

**Members present:** Merrill Blum, Vice Chair; Anne Mazzola; Paul Logan; and Tammy Cunningham.

**Members excused:** Sheila Mulcahy and Paula Breagy.

**Guests:** Rose DiGregorio, Parkinson Support Network.

**Presentation on Yoga program from Parkinson Support Network** – Rose DiGregorio discussed a proposal from Parkinson Support Network partnering with Yoga Neighborhood and Hyannis Youth & Community Center. The yoga program is specially designed for individuals living with Parkinson disease.

After listening to the presentation, the Board had the following questions:

- How does Parkinson Support Network raise its funds?
- Is the yoga instructor a Certified Parkinson Yoga Specialist Instructor?
- Duration of Program?
- Number of Barnstable Residents?

#### **Other Business –**

Paul Logan discussed creating a service notice about plowing and shoveling mindfully to assist those who have challenges with accessibility.

A brief discussion was held on the polling precincts. The Board stated modifications must be made to the West Barnstable Community Building to make the building accessible before it can be considered for use as a polling precinct. BWB may only be used as a polling precinct if the school is closed for staff. The BDC suggested writing a letter to Ann Quirk to reiterate this information. This would allow more time to address for the next election.

The BDC has received a notice from the State concerning the complaint against Centerville Plaza.

Brief discussion on IHOP and accessibility.

**Office address – J. F. Kennedy Museum, Hyannis, MA 02601**

Merrill Blum discussed a complaint that was given to Donna Burns concerning the Senior Center. Merrill reviewing the complaint with Donna and is waiting for contact information to discuss with the complainant.

Merrill Blum stated he will be presenting to the Cape Cod Men's club about the Barnstable Disability Commission.

Merrill Blum stated he sent out letters to the schools in December on the BDC scholarship award. He has heard from Sturgis West that they will not have a recipient at that campus. BDC will need to decide how they would like to distribute the extra \$1000.

For the next meeting, a discussion on handicapp accessible restrooms at Covell's and Loop beach.

Respectfully Submitted,

Tammy L. Cunningham

**The mission of the Barnstable Disability Commission  
is to advise and guide the Town of Barnstable and the general public regarding  
issues of accessibility in accordance with the American's With Disabilities Act (ADA)**